

# 1-866-413-3667

*Honest. Reliable. Trustworthy.*

From the moment you call, the relationships begin. Whether you're calling for yourself, family or a friend, you will find genuine care and concern on the other end of the phone. We care about the recovery of every person and we will do our very best to help insure their recovery.

\*\*\*

After entering our Home clients often tell us how quickly they feel at Home. They know that they are cared for and truly feel like FAMILY.



**Kelowna British Columbia, Canada**



[www.xrdstc.net](http://www.xrdstc.net)

# THE CROSSING POINT

BY VALIANT RECOVERY



866.416.3667



High Quality drug and alcohol treatment,  
... without all the frills and high cost.



## Take the time for you and your recovery

We believe that the process of recovery, can be made easier, in a comfortable atmosphere, where individuals feel like family.



Having only 6 Individual clients in each treatment facility at a time, allows for increased comfort, privacy, attention, and trust. Private rooms are also available.



High Quality  
addiction treatment,  
... without all the  
frills and high cost.

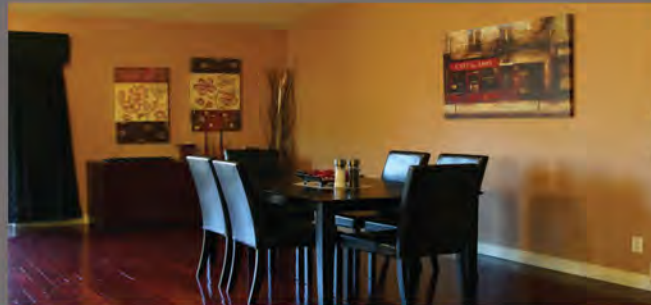


THE CROSSING POINT

## It's Time For Change!

*" I got much more out of this Recovery Program than I thought I would. I learned how my addiction works, in ways I understand. I learned how important my childhood was in shaping my beliefs. Many of those beliefs had a major impact on my drugging and drinking.*

*I am leaving a more independent person. I have lost my urge to be dependent on others for anything; from happiness to finances. I have realized that others play a very important role in my life, in that they can add to an already happy and fulfilled life but they cannot be the source of that happiness. I learned what fears I had, even ones I never knew I had. They were directing my choices, behavior, and attitudes. Now that I am no longer in bondage to these fears I feel Free. I know that it was the perfect place for me at the perfect time, I am forever grateful. " BP. BC*



## Personalized Treatment at an Affordable Price.

Treatments vary dependent on personality, addiction, family issues, personal trauma, and spirituality. Our individualized treatments promote a sustainable "Healing", by treating the body, mind, and spirit, rather than just the symptoms. To treat addictions, clients need to deal with the root causes behind their addiction, bringing them to the surface, and mending the wounds. Becoming free from false beliefs, and the pain associated with them. We encourage our clients to open up and receive wholeness to their entire being, body, mind and spirit. However recognizing that some are not ready for this, we will work with each client at their individual level.

## Addiction and Mental Health Treatment

### Treating addictions

- \*Drug
- \*Alcohol
- \*Prescription medication
- \*Pornography
- \*Sex
- \*Love
- \*Hoarding
- \*Internet
- \*Gambling
- \*Shopping

### Mental Health

- \*Anxiety Disorder
- \*Uncontrolled Rage and Anger
- \*Depression
- \*Eating Disorders
- \*Post traumatic stress disorder
- \*Borderline Personality Disorder
- \*Bi Polar Disorder
- \*Professional Burnout
- \*Obsessive Compulsive Disorder
- \*Phobias

### Treatment Modalities

- Therapy methods include Cognitive, Psychotherapy, Physical, and Spiritual (Christ based). Providing both private counseling and small group sessions, which are chosen on a client by client basis. Sample of programs:
- \*Relapse Prevention
  - \*Anxiety & Depression
  - \*Grief and Loss
  - \*Codependency
  - \*Spiritual Development
  - \*Marriage Counseling
  - \*Twelve step
  - \*Emotional freedom
  - \*Anger Control
  - \*Fitness & Nutrition
  - \*Life purpose
  - \*Family Therapy

